

# PRESBYTERIAN CHURCH OF EAST AFRICA



## PCMF

PRESBYTERIAN CHURCH MEN FELLOWSHIP



## MISSION WEEK

29th OCTOBER - 5<sup>th</sup> NOVEMBER 2023

*# PCMF @50 and BEYOND ( 1973-2023----*)

**THEME: MOTIVATED TO CONQUER MORE OPPORTUNITIES**

SCRIPTURE: The LORD said to Joshua, "You are growing old, and much land remains to be conquered" (Joshua 13:1)

**MESSAGE FROM NATIONAL PCMF BOARD CHAIRMAN**  
**PCMF CELEBRATING FIFTY YEARS OF SERVICE TO GOD AND**  
**HUMANITY**



*Reading “You are very old, and there are still very large areas of land to be taken over”. Joshua 13:1*

It's true that at Eighty-Five-years of age, Caleb son of Jephunneh realized that:

- Old age is not a bother but a lifestyle.
- Old age is not a burden but a management issue.
- Old age is not a feeling but a reality.
- Old age is not laziness but preparation for landing grace.
- Old age is not lost glory from the youth but storage of wisdom and strength.
- Old age is not failure to cope but making sure not to miss.
- Old age is not rejection but a free space to operate.

He approached Joshua son of Nun and claimed for his inheritance. In *Joshua chapter 14:11*, we see Caleb saying, ***“I am still as strong today as the days Moses sent me out; I'm just as vigorous to go out to battle now as I was then”***.

The PCMF is celebrating *fifty (50) years* since inception and for sure we can say that there are a lot of areas to cover; ***these include and not limited to mission, evangelism, training, leadership, mentorship, and discipleship***.

The Bible in Hebrews 10:25(a) tells us not to give up but keep on encouraging one another. I agree that we are living in hardship times. The economy is down globally, the burden on men is overwhelming and the climate is unforgiving, but remember we trust in a mighty God who is the owner of all creation.

As we converge and celebrate what the Lord has done for us and through us in the last fifty years, I hereby recommend that we do the following.

- Reflect.** We reflect back, see the good work that we did, humble ourselves and give thanks to God.
- Renew.** We renew our strength in the Lord knowing that he will neither leave us nor forsake us.
- Rekindle.** We rekindle our hope for better, fruitful days ahead. We continue bearing fruits even in old age.
- Remember.** We will always remember the unfailing promises of He who called us. They are sure and Amen.
- Receive.** Our ultimate goal is to receive life eternal and the unfading crown kept for us by our chief commander Jesus Christ.

As I conclude I urge all men in PCEA to let their past be their wisdom, their present be their sacrifice, and their future be their purpose as we forge forward to conquer more land while encouraging one another.

**Rev Michael G. Njige**  
**PCMF National Board Chairman.**

## MESSAGE FROM REV . HENRY . G. KAIRA



PCMF @50 YEARS

THANKSGIVING , CELEBRATIONS AND MISSION WEEK

THEME : “MUCH LAND REMAINS TO BE CONQUERED “(JOSHUA 13:1)

PCMF@50 YEARS AND BEYOND

To God be the glory for the life and journey of PCMF since 1973 when the General Assembly gave blessings to form a men fellowship as a united Christian force of men in matters of faith, witness and service to Jesus Christ and fellow men

As we evaluate the progress and have time for thanksgiving and celebrations , we are guided by the encouragement theme taken from Joshua 13:1 and Hebrews 10:24-25

When Joshua was an old man , the lord said to him , you are growing old and much land remains to be conquered”

So our summary theme states **“MUCH LAND REMAINS TO BE CONQUERED”**

### HISTORICAL SETTING

Joshua took over leadership after the death of Moses. He followed every detail of God’s commands to Moses .

Although it is difficult at times to complete someone else’s project , Joshua built upon Moses had started and made good progress

However, if every change of personnel means starting from scratch, it would mean that some organizations , like church cannot progress . True servant leaders step in and make progress with their new styles and different personalities while building on the foundation laid which is the Lord Jesus Christ (1 Corinthians 3:11)

From Joshua Chapter 11 “the conquest of much of the land seems to have happened quickly (can be read in one setting) but it actually took 7 years

PCMF is now 50 years from time to time of first Director (National Coordinator ) to the present through

The Very Rev. Dr . John . G . Gatu, Rev . Dr.Charles . Kibicho , Rev. Peter Kaniah and currently Rev. Henry G. Kaira . All these have worked with other leaders in the whole church through the General Assembly , Presbyteries , Parish and congregations to fulfil the mission of PCMF

Back to Joshua , we note that , in total 31 kings were defeated by Joshua and the Israelites armies (See Joshua 12:1-24)

In relation to PCMF through the years , more men have been recruited to the fellowship , admitted, dedicated and commissioned to full membership

Further the 8 core progress have been very central in the men ministry

### **LESSON:**

We often expect quick changes in our lives and quick victories over sin. However our journey with God is a lifelong process and the changes and victories may take time .

Beloved in the lord , we can look back at all levels in the 50 years and witness that God has never stopped working . Then we are motivated to carry on with our commitment “working for the Lord “

Like Joshua who was between 85 to 100 years , we are reminded there is more work remaining. We cannot just settle at the good we have achieved , there is better and best for the good can be the enemy

There is room to reach out to young men (have intentional programs of fathers and sons in the parishes to actualize YPCMF referred to as Junior Men Fellowship in the current PCMF constitution (page 7) (A.8.8.5)(Beyond 50 let the hearts of fathers return to the sons and .... (Malachi 4:6)

We need to reach out to those in addictions , restore the family institution and have mire safe space for men to discuss issues of importance like health and spiritual growth through prayer and bible study .

### **NOTE**

PCMF @ 50 is capable of possessing more opportunities ,for it is not time to be carried by

### **“ I have arrived syndrome”**

We encourage all men to do more exploits for God’s kingdom , without excuses . For believers are never allowed to retire from God’s service . They only make change but service continues until the tomb.

From Hebrews 10:24-25. We are called upon to think of ways to motivate one another in love and good work . **“And let us not neglect our coming together for fellowship for the day of the Lord is nearing “**

### **OPPORTUNITIES WE HAVE AS MEN**

1. **MENTORSHIP—YPCMF RECRUITMENT**
2. **ROPES - BEING A PROGRAM FOR SPIRITUAL FORMATION**
3. **MENTAL HEALTH**
4. **CLIMATE CHANGE**

**VISION** : MATURITY OF  
MAN FOR SERVICE TO  
THE GLORY OF GOD

**MISSION** : TO BE A  
UNITED CHRISTIAN  
FORCE OF MEN FOR  
FAITH,WITNESS AND  
SERVICE TO JESUS  
CHRIST

**CORE VALUES**

**INTEGRITY**  
**FAITHFULNESS**  
**COMMITMENT**  
**HUMILITY**  
**PASSION**  
**ZEAL**

**MOTTO:ROMANS 12:11**

1

**MBELE NINAENDELEA**

1. Mbele ninaendelea ninazidi,  
kudembea  
maombi uyasikie, Ee Bwana  
unipandishe.

**CHORUS**

Ee Bwana uniinue, Kwa imani ni-  
simame,  
Nipande milima yote ,Ee Bwana  
unipandishe .

- 2.Sina tamani nikae, mahali, pa shaka  
kamwe,  
Hapo wengi wanakaa , kuendelea na-  
omba

- 3.Nisikae duniani, ni mahali pa shetani,  
Natazamia mbinguni, aitaifika kwa ima-  
ni

- 4.Nataka nipandishwe, juu zaidi yale  
mawingu,  
Nitaomba nifikishe, Ee Bwana  
unipandishe.



## MEN'S MISSION WEEK PROGRAMME

### THE WEEK'S PROGRAMME

**SUNDAY 29<sup>th</sup> OCT:** Brief overview of the week in church service or Launch at the end of service

**MONDAY: 30<sup>th</sup> OCT:** All men gather in the church for detailed exposition on the theme/ launch plan for other days. (action PM or Patron)

**TUESDAY 31<sup>st</sup> OCT:** Man and Health. Meet in Church for a health talk on Mental health, Nutrition, or Financial Health.

**WEDNESDAY 1<sup>st</sup> NOVEMBER:** Plan some outreach work to the Prison, Hospital, chiefs office, County or subcounty office.

**THURSDAY 2<sup>nd</sup> NOVEMBER:** Man and Environment. Organize tree planting, pruning and cleanup of church compound and nearby trading center.

**FRIDAY 3<sup>rd</sup> NOVEMBER:** Family Day. Review your journey of life, review some past photos, select an activity to do in your family context and latter share dinner.

**SATURDAY 4<sup>th</sup> NOVEMBER:** Meet in the Church, Review Mentorship work (Fathers and sons, Fathers and daughters.) Can plan a Breakfast or Dinner with a message. Also share duties for Sunday Service.

## SUNDAY 5<sup>th</sup> NOVEMBER CLIMAX

- Meet early in the vestry for Prayers and preparations.
- PROCESSION: Mteteeni Yesu.
- CALL TO WORSHIP: Joshua 13:1
- WELCOME
- PRAISE IN WORSHIP AND PRAYERS- ( Lord's Prayer.
- Apostles creed
- CHILDREN AND YOUTH MOMENT( Prayers)
- PRESENTATIONS: Choirs
- Intimations/ Briefs
- SUMMARY OF PCMF HISTORY/ Achievements and projections with the week summary review.
- BIBLE READINGS: 1<sup>st</sup> JOSHUA 13:1-7
- 2<sup>nd</sup> READING: HEBREWS 10: 23-25
- HYMN- ( Praise my soul the king of heaven) ( Ngoro yakwa Ndumukumie) 194 New.
- SERMON.
- TITHES AND OFFERINGS.
- SUPORT FOR MEN MINISTRY WORK FOR THE YEAR.
- HONOR PAST LEADERS/ SENIOR CITIZENS ( Issue Certificates)
- VOTE OF THANKS



**OFFICIAL LAUNCH WILL BE LIVE ON**



**BY THE MODERATOR OF GENERAL ASSEMBLY**

**ON THURSDAY 19TH OCTOBER 2023**

**LOCATION : PCEA NAIROBI WEST**

**TIME : 10:00AM**

**All Parishes are expected to write their reports in the format provided**

- 1. A BRIEF HISTORY**
- 2. MEMBERSHIP ENROLLEMENT/GROWTH**
- 3. ACTIVITIES**
- 4. ACHIEVEMENTS**
- 5. CHALLENGES**
- 6. FUTURE PLANS**

## **LOOKING FORWARD.**

- 1: MORE REFLECTIONS ON PCMF JOURNEY. DATA COLLECTION ON MEMBERSHIP, ROPES DATA FOR PAST YEARS BE SUMMED UP TO BE IN THE ANNUAL REPORTS.**
- 2: PLAN FOR YPCMF ANNUAL SUMMIT. PREPARE TO SEND AT LEAST TWO DELEGATES PRE CONFERENCE ON 8TH VIRTUALLY AND 9TH PHYSICAL (8<sup>TH</sup> AND 9<sup>TH</sup> DECEMBER 2023)**
- 3: ANNUAL LEADERS GENERAL CONFERENCE (22<sup>nd</sup>-25<sup>th</sup> FEBRUARY 2024)**
- 4: LEADERS CAPACITY BUILDING IN REGIONS.**
- 5: YPCMF FORUMS IN THE PRESBYTERIES/ SUB-REGIONS.**
- 6: CLIMAX PCMF@50 AND BEYOND IN PCEA ST ANDREWS NAIROBI (25th FEBRUARY 2024)**
- 7. COMPLETION OF THE BOOK (PCMF PAGES OF LIFE )**

1 **Stand up! stand up for Jesus!**

Ye soldiers of the cross;  
Lift high His royal banner,  
It must not suffer loss:  
From vict'ry unto vict'ry  
His army shall He lead,  
Till every foe is vanquished  
And Christ is Lord indeed.

Stand up for Jesus  
Ye soldiers of the cross;  
Lift high His royal banner,  
It must not, it must not suffer loss.

2 **Stand up! stand up for Jesus!**

The trumpet call obey;  
Forth to the mighty conflict  
In this His glorious day.  
Ye that are men, now serve Him  
Against unnumbered foes;  
Let courage rise with danger.  
And strength to strength oppose.

3 **Stand up! stand up for Jesus!**

Stand in His strength alone;  
The arm of flesh will fail you;  
Ye dare not trust your own.  
Put on the Gospel armor,  
And, watching unto prayer,  
Where duty calls, or danger,  
Be never wanting there.

4 **Stand up! stand up for Jesus!**

The strife will not be long:  
This day the noise of battle,  
The next the victor's song;  
To him that overcometh  
A crown of life shall be;  
He, with the King of glory,  
Shall reign eternally.

1 **What a Friend we have in Jesus,  
All our sins and griefs to bear!  
What a privilege to carry  
Everything to God in prayer!  
O what peace we often forfeit,  
O what needless pain we bear,  
All because we do not carry  
Everything to God in prayer!**

2 **Have we trials and  
temptations?**

**Is there trouble anywhere?  
We should never be discouraged,  
Take it to the Lord in prayer.  
Can we find a friend so faithful  
Who will all our sorrows share?  
Jesus knows our every weakness,  
Take it to the Lord in prayer.**

3 **Are we weak and heavy-laden,  
Cumbered with a load of  
care?**

**Precious Savior, still our ref-  
uge—  
Take it to the Lord in prayer;  
Do thy friends despise, forsake  
thee?  
Take it to the Lord in prayer;  
In His arms He'll take and  
shield thee,  
Thou wilt find a solace there.**





# PCMF 50 YEARS CELEBRATIONS

(1973-2023)

A journey of half a century (50YRS) is about the graces God has given through different seasons.

The General Assembly of 1973 received the Stewardship report which recommended that men form their own organization with the aim of bringing men together as a United Christian Force, for fellowship and exchange of Ideas on matters of,

1: Faith

2: Witness and

3: service to Jesus Christ

-The resolution passed under MINUTE 1154 was not implemented until 1987 by St, Andrews Church

Session of Nairobi established a Men's organization for men to have a recognized forum for positive contributions.

We thank God for the milestones made through the leadership of the following Coordinators/directors.

1: Vey Rev Dr. John Gatu

2: Rev Dr. Charles Kibicho.

3: Rev Peter Kaniah

4: Rev. Henry G kaira.

The fellowship is founded on Romans Chapter 12: Which addresses Christian Service.

The MOTTO Sates "Never be lacking in zeal, but keep your spiritual fervour, serving the Lord. (Romans 12:11)

This celebration is a time of Thanks Giving, and reflections as we also pray to paint a new sign board

beyond 50 years.

The theme of the cerebrations is about Encouraging one another to love and good works. ( Heb10:24)

The Old Testament text of JOSHUA 13:1-5 serves as our new call. THE LORD SAID TO JOSHUA, "YOU ARE GROWING OLD AND MUCH LAND REMAINS TO BE CONQUERED"

Milestones in spiritual growth, physical growth, numerical growth have been significant just to mention a few and this can be evaluated through the pcmf eight core programs

operationalized in the parishes and congregations.



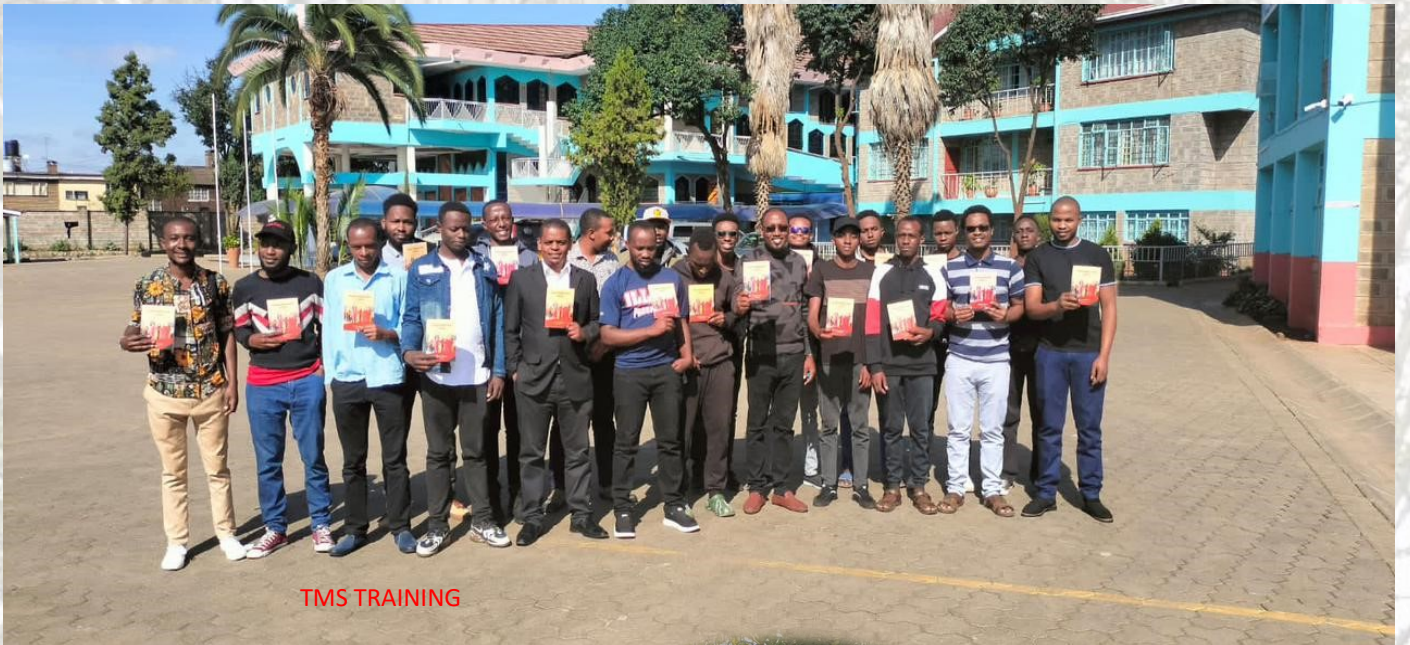
Kariobangi south



PCMF CRATOR NAKURU EAST



PCMF PIPELINE NEEMA PARISH. COMMISSIONING.



**TMS TRAINING**



**GA MODERATOR AND BOARD MEMBERS**

**CLIMATE CHANGE MITIGATION**

**One of the oldest Cypress trees in Kenya(Naivasha)**



**PCMF KIMBO PARISH**



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Printed and Designed by PCEA Jitegemea Press

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